



Breakfast & Lunch Menu's

All menus include 1/2 pint milk.
All menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>B: Apple Pastry, Oranges Fruit Juice</p> <p>L: Fish Wedge Rice Baked Beans, Rainbow Salad Slushy</p>	<p>4</p> <p>B: Ham Links and Rice, Peaches, Fruit Juice</p> <p>L: Crispy Nachos w/Beef & Cheese Sauce, Garden salad Grape Tomatoes, Fruit Juice</p>	<p>5</p> <p>B: Whole Wheat Bagel with Cream Cheese, Apples, Juice</p> <p>L: Tasty Chicken Tenders Rice, Steamed Broccoli and Carrots Seasonal Fruit</p>	<p>6</p> <p>B: School Made Muffin, Turkey Sausage, Mixed Fruits, Juice</p> <p>L: Cheeseburger WW Bun Curley Fries, Rainbow Salad Mixed Fruits</p>	<p>7</p> <p>B: Cinnamon Toast w/Pork Patty Pineapples, Dried Cranberries</p> <p>L: Pepperoni Pizza, Coleslaw Baby Carrots, Celery Sticks Peach Slices</p>
<p>10</p> <p>B: WG Pancakes with Fruit Cocktail, Fruit Juice</p> <p>L: Corn Dog Baked Beans House Salad Baby Carrots Fruit Juice</p>	<p>11</p> <p>B: School Made Muffin Pine Chunks, Juice</p> <p>L: Popcorn Chicken Mash Bowl Steamed Vegetables, WW Roll Mixed Fruits</p>	<p>12</p> <p>B: Smoothie, Cinnamon Toast Papaya & Pineapple Fruit Juice</p> <p>L: Turkey Pastrami Sandwich Spinach and Romaine Salad Apple Slices</p>	<p>13</p> <p>B: Pizza Bagel Mixed Fruit and Dried Cranberry</p> <p>L: Chicken Patty Sandwich Curly Fries, Tomato Slice, Lettuce Grape Slushy</p>	<p>14</p> <p>B: Portuguese Sausage & Rice Peach Slices and Fruit Juice</p> <p>L: Kalua Pork and Cabbage, Rice, Lomi Tomato, Tropical Pineapple</p>
<p>17</p> <p>B: Maple Pancake Wrap Sliced Peaches Cranberries</p> <p>L: Pig In the Blanket w/Tater Tots , Carrot/Celery Sticks, Apples, Shortbread Cookie</p>	<p>18</p> <p>B: School made Apple Muffin Tropical Pineapple Fruit Juice</p> <p>L: Chicken Tenders with Rice Mixed Fruits and House Salad Pineapple chunks</p>	<p>19</p> <p>B: Belgian Waffle with mixed fruit, Fruit Juice</p> <p>L: Creole Macaroni Garlic Bread Baby Carrots, House Salad Fruit Cocktail</p>	<p>20</p> <p>B: Portugese Sausage, Rice Seasonal Fruit, Juice</p> <p>L: Beef Stew with Rice Baby Carrots, Spinach Salad Peach Slices</p>	<p>21</p> <p>B: Cinnamon Toast w/Ham Links Pineapples, Dried Cranberries</p> <p>L: Baked Chicken with WW Roll Rice, Steamed Corn Orange Wedges</p>



Happy Holidays!



Winter Break ~ Dec. 24, 2018 - Jan. 8, 2019

**Grass fed beef from Hawai'i island, local fruits/vegetables

*All bread/ breaded items are whole grain.

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