



Hanalei School Fitness Challenge

Activity Log Sheet



STUDENT NAME: _____ **TEACHER:** _____

GOAL: 40 MINUTES OF PHYSICAL ACTIVITY EVERY DAY! ALL PARTICIPANTS WHO RETURN THIS SHEET WILL BE REWARDED WITH HANA LEI SCHOOL STICKERS. MEDALS WILL BE AWARDED TO TOP 10 PARTICIPANTS. TEE SHIRTS FOR ALL PARTICIPANTS WHO RAISE AT LEAST \$20.

LOTS OF OTHER PRIZES TOO!

PLEASE NOTE: *BE SPECIFIC ON YOUR ACTIVITY - PLAYING OUTSIDE IS TOO BROAD, WE ARE LOOKING FOR "ACTIVITY WITH INTENTION". *

FILL IN ALL REQUIRED INFORMATION OR TIME CANNOT BE COUNTED!

DAY		TYPE OF ACTIVITY	AMOUNT OF TIME	PARENT SIGNATURE
MONDAY	4/8			
TUESDAY	4/9			
WEDNESDAY	4/10			
THURSDAY	4/11			
FRIDAY	4/12			
SATURDAY	4/13			
SUNDAY	4/14			
MONDAY	4/15			
TUESDAY	4/16			
WEDNESDAY	4/17			
THURSDAY	4/18			
FRIDAY	4/19			
SATURDAY	4/20			
SUNDAY	4/21			
MONDAY	4/22			

YOU MUST TURN IN THIS FORM BY 4/25 TO BE ELIGIBLE FOR PRIZES!

TOTAL TIME (IN MINUTES): _____

