# OCTOBER 2026

All meals include 1/2 pint 1 % or skim milk.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | 1<br>B:BREAKFAST CHICKEN PATTY, HAPA RICE OR YOGURT & GRANOLA<br>L:BEEF OR THREE BEAN CHILI W/ HAPA RICE OR CHEF SALAD, BABY CARROTS COLESLAW, STRAWBERRY CRUNCHABLES, POI CORNBREAD, DRESSING | 2<br>B:LOCAL STYLE FRIED RICE OR CEREAL & TOAST W/ JELLY<br>L:SHOYU CHICKEN/ CHICKEN ADOBO/ BAKED CHICKEN W/GRAVY, HAPA RICE OR CHINESE SALAD W/ CHOICE OF CHICKEN OR TOFU, EDAMAME, STEAM BOK CHOY, MANDARIN ORANGE |
| 5<br>FALL<br>BREAK | 6<br>FALL<br>BREAK | 7<br>FALL<br>BREAK | 8<br>FALL<br>BREAK | 9<br>FALL<br>BREAK |
| 12<br>NO<br>SCHOOL | 13<br>B: TURKEY & CHEESE SANDWICH OR YOGURT & GRANOLA, FRESH FRUIT<br>L: CHICKEN PAPAYA SOUP, HAPA RICE OR TUNA TOFU SALAD, CUCMBER, GREEN SALAD, STRAWBERRY SIDEKICKS, DRESSING | 14<br>B: KALO YOGURT BOWL OR CEREAL & TOAST W/ JELLY,PINEAPPLE CHUNKS, STRAWBERRY APPLE CRUNCH<br>L: HONEY GINGER(CHOICEE OF CHICKEN OR TOFU) HAPA RICE OR PROTEIN PACK,EDAMAME, STEAMED CARROTS, FRESH FRUIT,WG ROLL | 15<br>B: UALA BREAD, TURKEY SAUSAGE PATTY OR YOGURT & GRANOLA, PINEAPPLE CHUNKS, FRESH FRUIT<br>L: LOCO MOCO ULU GRAVY, HAPA RICE OR CRISPY PROTEIN POPPER CAESAR SALAD, STEAMED BROCCOLI, CUCUMBER, FRESH FRUIT | 16<br>B: BREAKFAST QUESADILLAS OR CEREAL & TOAST W/ JELLY,FRESH FRUIT, APPLE SAUCE<br>L: KALUA PORK W/CABBAGE, HAPA RICE OR TOFU POKE BOWL, LOMI TOMATOE, OKINAWIN SWEET POTATOE, PINEAPPLE CHUNCKS, POI |
| 19<br>B:BANANA SHEET PANCAKE W/ HAUPIA SAUCE OR CEREAL & TOAST W/ JELLY, MANDARIN ORANGE, STRAWBERRY CRUNCHABLES<br>L:CRISPY PROTEIN POPPER, HAPA RICE OR RAMEN SALAD,STEAM BROCCOLI, BAKED BEANS, STRAWBERRY SIDEKICKS, SIGNATURE SAUCE | 20<br>B:BREAKFAST CHICKEN & WAFFLES OR YOGURT & GRANOLA,FRESH FRUIT, JUICE<br>L:PASTA FLORENTINE (OPTION) CHICKEN OR CHICKEN CAESAR SALAD, GREENSALAD, DICED TOMATOES, CUCUMBER, DRESSING | 21<br>NO<br>SCHOOL | 22<br>B:CHEESE BREADSTICK OR YOGURT & GRANOLA,MARINARA SAUCE, FRESH FRUIT<br>L: PIG IN A BLANKET OR CHINESE SALAD W/ CHOICE OF CHICKEN OR TOFU, HONEY BUTTER ROASTED KABOCHA, CUCUMBER, FRESH FRUIT, KETCHUP, MUSTARD, DRESSING | 23<br>B:CINNIMON ROLLS, TURKEY LINK SAUSAGE OR CEREAL & TOAST W/ JELLY, FRESH FRUIT, SLICED PEACHES<br>L: KALUA PORK SANDWICH OR PASTA SALAD, BABY CARROTS CUCUMBER, SWEET POTATOE MASH, APPLE CRUNCHABLES, BBQ SAUCE |
| 25<br>B:FRENCH TOAST, STRAWBERRY COMPOTE OR CEREAL & TOAST W/ JELLY, APPLE SAUCE , BLUEBERRY CRUNCHABLES<br>L:CHEESE, AINA PIZZA OR PROTEIN PACK, BABY CARROTS, CUCUMBER, FRESH FRUIT, DRESSING | 26<br>B:SCRAMBLE EGG & CHEESE ROASTED UALA OR YOGURT & GRANOLA,LOCAL SALSA, MANDARIN ORANFE, FRESH FRUIT<br>L:ORANGE CHICKEN, HAPA RICE OR CHINESE SALAD W/ CHOICE OF CHICKEN OR TOFU, EDAMAME, STEAMED BOK CHOY, PINEAPPLE CHUNKS, FORTUNE COOKIE | 27<br>B:MAPLE PANCAKE SAUSAGE AND CHEESE OR CEREAL & TOAST W/ JELLY, FRESH FRUIT, FRESH FRUIT<br>L:PANIOLO PASTA OR CAESAR SALAD W/ CHOICE OF CHICKEN OR CRISPY PROTEIN POPPERS, GREEN SALAD, BABY CARROTS, CUCUMBER, FRESH FRUIT, DRESSING | 28<br>B:PUMPKIN BREAD, SCRAMBLED EGG OR YOGURT & GRANOLA, FRESH FRUIT, STRAWBERRY GEL<br>L:HAMBURGER, TERI BURGER, CHEESEBURGER OR CHEF SALAD, LETTUCE, DICED TOMATOE, CRISPY CRINKLED FRIES, SOUR TROPICAL PUNCH RAISIN | 29<br>B:PORTUGESE SAUSAGE, HAPA RICE OR CEREAL & TOAST W/ JELLY, FRESH FRUIT, PINEAPPLE CHUNCKS<br>L:ROAST TURKEY, W/ WG ROLL OR BANH MI SALAD W/ CHOICE OF PORK MEATBALLS OR PROTEIN PACK, MASH POTATOES, ROASTED ZUCCHINI, FRESH FRUIT, GRAVY |

"This institution is an equal opportunity provider."

*All Breads/Bread items are Whole Grain.

*Menu contains the following allergens: Milk (dairy), egg, Wheat/ Gluten, Tree nuts, sesame, soy, fish, shellfish