Digital Citizenship
Appropriate Media Use

CYBERBULLYING, DIGITAL DRAMA & HATE SPEECH

We are kind & courageous.

Belonging
- Check in about online life
- Role-play
- Encourage upstanding (supporting someone who is being bullied)

PRIVACY & SECURITY

We care about everyone's privacy.

Responsibility
- Protect private information
- Avoid location tracking
- Power up strong passwords
- Avoid quizzes, clickbait, + "special offers"

NEWS & MEDIA LITERACY

We are critical thinkers & creators.

Excellence
- Encourage healthy skepticism
- Explore different sides of a story
- Discuss fact vs. opinion
- Choose a variety of sources

RELATIONSHIPS & COMMUNICATION

We know the power of words & actions.

Aloha
- Help kids navigate online friendships
- Empathize with the pressure to overshare
- Encourage respect for themselves and others in online communities

MEDIA BALANCE & WELL-BEING

We find balance in our digital lives.

Total Well-Being
- Create screen-free times and zones
- Watch and play together
- Help kids identify healthy behaviors

DIGITAL FOOTPRINT & IDENTITY

We define who we are.

Hawai'i
- Question everything
- Carefully choose the digital footprints they leave behind (posts, pictures, comments)

Reference: https://www.commonsense.org/education

common sense education®

When selecting applications, look for ones that:
- Promote creativity
- Reinforce literacy skills
- Encourage communication and sharing of learning
- Provide opportunities to interact with peers, siblings or adults

Additional Resources
- HIDOE Internet Safety
- HIDOE Digital Device & Application Guidance
- OITS Child Internet Safety Resources

HĀ–BREATH
Nā Hopena A'o

- Strengthened Sense of **Belonging**
- Strengthened Sense of **Hawai'i**
- Strengthened Sense of **Responsibility**
- Strengthened Sense of **Total Well-being**
- Strengthened Sense of **Excellence**
- Strengthened Sense of **Aloha**

Nā Hopena A'o Statements HĀ: BREATH