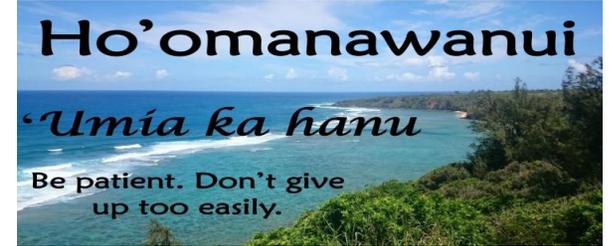


JANUARY

Breakfast & Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
NO SCHOOL TEACHER PC DAY	B: Cinnamon bagel w/cream cheese, fresh fruits L: Teri burger w/ fries, carrots, fruit slushie, fruit cocktail	B: Cereal with toast, fresh fruits L: Chicken tenders w/ rice, baked beans, steamed veggies, juice, pineapple chunks	B: Coffee cake with pork links, fresh fruit L: Pig in a Blanket, romaine salad, fresh carrots, fresh fruits, peaches	B: Pizza Bagel, fresh fruits L: Pastrami Sandwich, veggie sticks, edamame, fresh slush, pineapple chunks
11	12	13	14	15
B: Cereal and toast, canned fruits L: Chicken with broccoli, rice, romaine salad, fresh fruits, fruit cocktail	B: Ham Links with rice, canned fruits L: Incredible Burger w/ fries, veggie sticks w/dip, fruit slushie, pineapple chunks	B: Waffle with syrup, fresh fruits, juice L: Cheese pizza, romaine salad, fresh carrots, fresh fruits, juice	B: Pancake wrap with syrup, fresh fruit L: Tuna Sandwich, veggie sticks w/ dip, edamame, fruit slushie, pineapple chunks	B: Cereal with toast, fresh fruit L: Chicken patty with rice, baked beans, steamed veggies, juice, sliced peaches
18	19	20	21	22
	B: Pineapple Sunrise Surprise, canned fruits L: Chicken sandwich, rainbow salad, edamame, pineapple chunk slushie	B: Cereal with toast, fresh fruits, juice L: Cheese bites, romaine salad, fresh carrots, juice, fresh fruits	B: Portuguese sausage with rice, fresh fruits, juice L: Fish Sandwich, veggie sticks, w/dip, fruit slush, pineapple chunks	B: Pancake with syrup, canned fruit L: Popcorn chicken with rice, corn, fresh carrots, juice, sliced peaches
25	26	27	28	29
B: Cereal with toast, canned fruit L: Pepperoni Pizza, romaine salad, fresh carrots, fresh fruits, pineapple chunks	B: Cinnamon bagel w/cream cheese, fresh fruits L: Teri burger w/ fries, carrots sticks, fruit slushie, fruit coctail	B: Cereal with toast, fresh fruit L: Chicken tenders w/ rice, baked beans, steamed veggies, juice	B: Coffee cake with pork links, fresh fruit L: Pig in a Blanket, romaine salad, fresh carrots, fresh fruits, peaches	B: Pizza Bagel, fresh fruits L: Pastrami Sandwich, veggie sticks, edamame, fresh slush, pineapple chunks

*All bread/ breaded items are whole grain.

This institution is an equal opportunity provider

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